

FLU

Flu.
I'm ready
for you.

People
with a health
condition or
aged 65+

**Get serious about flu.
Contact your GP now.**

Flu can hit you hard. If you have a health condition (no matter what age you are and how fit and healthy you feel) or are aged 65 or over, get your free vaccine sorted. It's the safest and most effective way to help protect yourself.

 www.nhsinform.scot/flu

 NHS inform 0800 22 44 88

NHS
SCOTLAND

70
YEARS
#nhsscot70



**Healthier
Scotland**
Scottish
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