

#NoToNorovirus

Suggested social media posts for partners

We have provided the following suggested social media posts for you to share across your channels and help spread the message.

We suggest accompanying these messages with campaign imagery which can be found at www.nhsinform.scot/norovirus

For Twitter

About 50% exposed to the winter vomiting bug will also get ill.
Keep it to yourself.

www.nhsinform.scot/norovirus #NoToNorovirus

Had the winter vomiting bug? You can still pass it on for 48 hours after symptoms stop.

www.nhsinform.scot/norovirus #NoToNorovirus

Wash your hands regularly to help keep norovirus away.

www.nhsinform.scot/norovirus #NoToNorovirus

Norovirus can be serious for those that are already ill. Don't spread it, stay at home.

www.nhsinform.scot/norovirus #NoToNorovirus

For Facebook

About 50% of those exposed to norovirus (the winter vomiting bug) will also get sick. If you catch it, stay at home until 48 hours after your symptoms stop. Please share this and help spread the message, not the virus.

www.nhsinform.scot/norovirus

Had the winter vomiting bug? Did you know you're still contagious 48 hours after symptoms stop? Stay at home and wash your hands regularly to avoid spreading it.

www.nhsinform.scot/norovirus

Norovirus (the winter vomiting bug) is more serious for people who are already ill. If you have it, avoiding visiting hospitals and care homes. Stay at home for 48 hours after your symptoms stop.

www.nhsinform.scot/norovirus

For Instagram

Top tips to follow if you have norovirus (the winter vomiting bug).

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