Participation and further information

If you want to hear more about the opportunities for an examination with the video capsule, you are very welcome to contact us at +44-79 8095 6107 or email to contact@corphealth.co.uk

We also kindly refer you to our website: www.corphealth.co.uk

In the Scottish Highlands & Islands and Grampian, examinations are carried out as a public-private collaboration between NHS Health Boards, your local GP practice and CorporateHealth.

A video capsule is also available for the investigation of the small bowel and is used in many countries, including Germany, UK, and the United States.
VIDEO CAPSULE TO EXAMINE THE COLON

How does the video capsule work?

The video capsule is a small camera the size of a large vitamin pill. After you swallow the video capsule, it will be transported naturally through the stomach and intestine. During the two- to fifteen-hour procedure, the video capsule takes more than 400,000 images of the intestinal lining. These are sent wirelessly to a belt and data recorder that you wear around your waist and over your shoulder during the entire investigation.

Why is the video capsule an option?

The video capsule is an alternative method of investigation of the colon which is painless, does not need sedation, reduces risk of infection (single use device) and can even be performed at home.

It has a CE-mark, is fully approved by the NHS and its accuracy is well documented in many clinical trials.

HOW TO DO THE EXAMINATION

The examination with the video capsule is painless and very low risk. To make sure that your bowel is clean and the capsule procedure goes well, you will receive detailed guidance. The procedure itself will usually be started at your GP practice or the clinic, and can be continued in your own home.

Here is a snapshot of the process: Two days before the examination: You will be asked to drink a lot and to take some tablets to “smoothen the stool”. One day before the examination: You must stay on a clear liquid diet for the whole day (no food), and start bowel cleansing in the early evening. The study day: In the morning, you must finish the cleansing with a laxative and plenty of water. When your gut is rinsed completely clean (looks like chamomile tea) we ask you to meet your nurse.

You are now ready to swallow the video capsule. While it passes through your gut, you can move freely, possibly work at a PC. You will, however, need the toilet frequently since you need to take additional fluids (prokinetics) which will accelerate the procedure and push the capsule through your bowel. The video capsule will on average be excreted six hours after ingestion. You can easily flush it down the toilet. The process is entirely painless, while the video capsule may seem pretty large at the first view, it is easy to swallow due to a smooth surface. The day after the examination: You must return the equipment. Time and place will be agreed with your nurse. Health Care Professionals will examine and describe the findings of the images/capsule video (these are available to your clinician within 3-5 days). Your NHS Consultant will contact you with these results in due course.